

DAUPHIN MULTI-PURPOSE SENIOR CENTRE

May 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p><i>1</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>1:30 PM Floor Games</p> <p>1:30 PM Sip & Stitch</p>	<p><i>2</i></p> <p>1:00 PM BINGO</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM Crib Night</p>	<p><i>3</i></p>
<p><i>4</i></p> <p>1:00 PM BINGO</p>	<p><i>5</i></p> <p>10:00 AM Exercises</p> <p>1:30 PM Floor Games</p>	<p><i>6</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>11:00 AM Community Chorus</p> <p>1:00 PM Quilting</p> <p>1:30 PM Floor Games</p> <p>1:30 PM Grief Sup Gp-D Rm</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM 500 Card Party</p>	<p><i>7</i></p> <p>10:00 AM Exercises</p> <p>1:00 PM Mature Driver Presentation</p> <p>5:00 PM Evening Meal</p> <p>7:00 PM Arthritis Support Group "Pain Mgt Seminar"</p>	<p><i>8</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>1:30 PM Floor Games</p> <p>1:30 PM Sip & Stitch</p>	<p><i>9</i></p> <p>1:00 PM BINGO</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM Crib Night</p>	<p><i>10</i></p>
<p><i>11</i></p> <p>1:00 PM BINGO</p>	<p><i>12</i></p> <p>10:00 AM Exercises</p> <p>1:15 PM Social Contract Bridge</p> <p>1:30 PM Floor Games</p> <p>7:00 PM Mood Disorder Support Group</p>	<p><i>13</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>11:00 AM Community Chorus</p> <p>1:00 PM Quilting</p> <p>1:30 PM Floor Games</p> <p>5:00 PM Evening Meal</p> <p>7:00 PM - 8:30 PM Alzheimer's Caregiver Support Group</p> <p>7:15 PM 500 Card Party</p>	<p><i>14</i></p> <p>10:00 AM Exercises</p> <p>5:00 PM Evening Meal</p>	<p><i>15</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>1:30 PM Floor Games</p> <p>1:30 PM Sip & Stitch</p>	<p><i>16</i></p> <p>1:00 PM BINGO</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM Crib Night</p>	<p><i>17</i></p>
<p><i>18</i></p> <p>1:00 PM BINGO</p>	<p><i>19</i></p> <p>CENTRE CLOSED - Victoria Day</p>	<p><i>20</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>11:00 AM Community Chorus</p> <p>1:00 PM Quilting</p> <p>1:30 PM Floor Games</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM 500 Card Party</p>	<p><i>21</i></p> <p>10:00 AM Exercises</p> <p>5:00 PM Evening Meal</p>	<p><i>22</i></p> <p>1:30 PM Sip & Stitch</p>	<p><i>23</i></p> <p>1:00 PM BINGO</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM Crib Night</p>	<p><i>24</i></p>
<p><i>25</i></p> <p>1:00 PM BINGO</p>	<p><i>26</i></p> <p>10:00 AM Exercises</p> <p>1:15 PM Social Contract Bridge</p> <p>1:30 PM Floor Games</p>	<p><i>27</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>11:00 AM Community Chorus</p> <p>1:00 PM Quilting</p> <p>1:30 PM Floor Games</p> <p>1:30 PM Grief Sup Gp-D Rm</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM 500 Card Party</p>	<p><i>28</i></p> <p>10:00 AM Exercises</p> <p>1:30 PM Senior Centre AGM</p> <p>5:00 PM Dinner & Cinema "BLENDED"</p>	<p><i>29</i></p> <p>9:30 AM Floor Exercises</p> <p>10:00 AM Exercises</p> <p>1:30 PM Floor Games</p> <p>1:30 PM Sip & Stitch</p>	<p><i>30</i></p> <p>1:00 PM BINGO</p> <p>5:00 PM Evening Meal</p> <p>7:15 PM Crib Night</p>	<p><i>31</i></p>